

Curriculum Vitae

Permanent Address:

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Academic Qualification

- ☐ Ph.D. (Pursuing) Doctoral Researcher in Department of Psychology, Mahatma Gandhi Kashi Vidyapith University. Session: September, 2019 to till Date.
- ☐ Qualified UGC NET in December 2019 and December 2020.
- ☐ Qualified UGC NET and JRF in December 2017.
- ☐ Doctoral Research fellowship from Banaras Hindu University in 2015 with 2nd Rank.
- ☐ Qualified UPPSC Screening examination for Assistant Professor in 2020 and 2022.
- ☐ M. A. (Psychology), Banaras Hindu University, Varanasi in 2015 with 8.31 CGPA.
- ☐ B. A. (Psychology) (Hons.) Banaras Hindu University, Varanasi in 2013 with 7.37 CGPA.

ACADEMIC ACTIVITIES

Paper published

1. Tiwari, R., & Jee, S. (2019). Effect of social media use on mental health of adolescents. **International Journal of Research and Analytical Reviews**, 6 (1), 18-21.
2. Tiwari, R., & Jee, S. (2019). Relationship between spirituality and mental health among adolescents, **International Journal of Research and Analytical Reviews**, 6 (2) 58-65.
3. Tiwari, R., & Jee, S. (2018). Relationship between personality and quality of life of caregivers of children with mental disabilities: A review **International Journal of Applied Social Science** 5(7), 1019-1025.
4. Tiwari, R., & Bano, S. (2017). Intergroup Relation **Annals of Multi-Disciplinary Research**, 7 (2) 36-41.
5. Tiwari, R. (2017). Contact and Intergroup Relation, **Shodh Prerak**, 7(2), 86-92.

Conference/ Seminars

1. Tiwari, R. (2016). Human relation, social change and public administration. Paper presented at International Seminar on State politics and public administration in UP Organized by Centre for Study of State Government & Public Administration. Department of Political Science, BHU, Varanasi. June 2-3.
2. Tiwari, R. (2016). Negotiation in Political Activities. Paper presented at International Seminar on Political Thinking in Indian Literature organized by Department of Political Science, BHU, Varanasi. May 27-28.
3. Tiwari, R. (2016). Lack of self-compassion in college students. Paper presented at state level seminar on Barriers in education for college students organized by department of psychology, D.A.V P.G. College. Admitted to privileges of Banaras Hindu University, Varanasi-221005.

Workshop attended

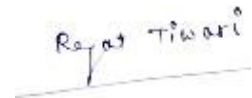
1. 7 days National Workshop on Research Methods And Statistical Measures in Behavioural Sciences, organized by Department of Physical Education And Yoga, Mahatma Gandhi Kashi Vidhayapeeth, Varanasi & Poddar Foundation, Varanasi, Association with Pranaam Foundation, Mumbai.
2. Participated as a member of organizing committee in 7 days National Workshop on Research Methods And Statistical Measures in Behavioural Sciences, 8th-14th February, organized by Department of Physical Education And Yoga, Mahatma Gandhi Kashi Vidhayapeeth, Varanasi & Poddar Foundation, Varanasi, Association with Pranaam Foundation, Mumbai.
3. National workshop on Understanding mental Health Issues and Outcome: An Interface between Psychiatry and Psychotherapy, 03th -12th April, 2015, organized by D.A.V P. G. College. Admitted to privileges of Banaras Hindu University, Varanasi-221005.
4. National workshop on Psychological Assessment and Person Enrichment, 08th -17th February, 2018, organized by D.A.V P. G. College. Admitted to privileges of Banaras Hindu University, Varanasi-221005.
5. International workshop on Application of Ink Blot Test in Personality Assessment, Diagnostic Evaluation and screening in Industry, 31 January 2017, organized by Araya Mahila P. G. College. Admitted to privileges of Banaras Hindu University, Varanasi-221005.
6. Two days Clinical Skill Training on CBT on 12th-13th November, 2016, organized by DAV P. G. College. Admitted to privileges of Banaras Hindu University, Varanasi-221005.

Computer Skill:

- Skilled with MS Office and MS Excel, data Analysis.
- Friendly with SPSS.

Declaration:

I hereby declare that the above-mentioned information is correct up to the best of my knowledge and belief also, I bear the responsibility for the correctness of the above-mentioned particulars.

A handwritten signature in black ink, reading "Rajat Tiwari", written over a horizontal line.

(Rajat Tiwari)

Place: Varanasi

